

COMMUNITY ACTIVE AT
THE PRINCE OF WALES SCHOOL
MONDAY FITNESS ACADEMY WITH
LUKE HAYTER FITNESS



Mummy Moves

14:30-15:20 (Every Monday - Term Time Only)

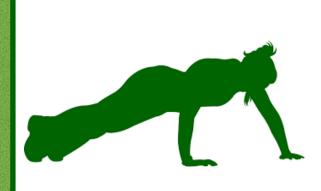
Fitness activity for Mums and their babies. Small group size with expert instructor. £5.00 Per Session

Junior Fitness Club

15:30-16:30 (Every Monday - Term Time Only)

Fun fitness activity for Year 2, 3 and 4 pupils at The Prince of Wales School. Expert instructor. £4.00 Per Session





Adult Fitness Club

17:00-18:00 (Every Monday - Term Time Only)

Fun fitness activity in a supportive environment.

Expert instructor. £5.00 Per Session

All sessions must be booked and paid for in advance, bookings to be made in half-termly blocks (usually six week blocks). To book, please ring 01305 257120 or email office@princeofwales.dorset.sch.uk. 'Monday Fitness' at The Prince of Wales School is delivered in partnership with Luke Hayter Fitness.