



**COMMUNITY ACTIVE AT
THE PRINCE OF WALES SCHOOL
MONDAY FITNESS ACADEMY WITH
LUKE HAYTER FITNESS**



Mummy Moves

14:30-15:20 (Every Monday - Term Time Only)

**Fitness activity for Mums and
their babies. Small group size
with expert instructor. £5.00 Per Session**

Junior Fitness Club

15:30-16:30 (Every Monday - Term Time Only)

**Fun fitness activity for Year 2, 3 and
4 pupils at The Prince of Wales
School. Expert instructor. £4.00 Per Session**



Adult Fitness Club

17:00-18:00 (Every Monday - Term Time Only)

**Fun fitness activity in a
supportive environment.**

Expert instructor. £5.00 Per Session

All sessions must be booked and paid for in advance, bookings to be made in half-termly blocks (usually six week blocks). To book, please ring 01305 257120 or email office@princeofwales.dorset.sch.uk. 'Monday Fitness' at The Prince of Wales School is delivered in partnership with Luke Hayter Fitness.