

Dear Parent/Carer

Sustrans' summer fun sessions

At the start of the summer holiday, Sustrans will be running some bike summer fun sessions where children will be able to learn to ride, or improve their bike skills. The schools below have kindly offered to host our events, but the sessions are open to children from any school. We hope to add a few more schools in Weymouth, Ferndown and Verwood over the next week or so – check our Eventbrite page.

Monday 29th July – Wimborne First School

Monday 5th August – Damers First School in Dorchester

There are two types of session each day. Ditch Your Stabilisers or Bike Games.

Ditch Your Stabilisers – This session is suitable for children from Reception and up, where we will teach them to ride a bike without using stabilisers. Your child will need a bike that is small enough for both of their feet to easily touch the ground on both sides at the same time. If your child cannot ride by the end of the Ditch Your Stabilisers session, we will make sure you know how to help your child progress further.

Bike games afternoon – This is for Primary or First School aged children who can confidently cycle already. We will use various games and activities to help them improve their bike control and handling skills.

For more details and to sign up for a session, please visit our Eventbrite page by using the following links. Please carefully read all of the instructions on the website before signing up.

All of the sessions are easy to find if you search on [eventbrite.co.uk](https://www.eventbrite.co.uk) – just search for 'Sustrans summer' and the school name you're interested in.

Kind Regards,

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